



Teaching Guide: Spiritual Mapping and Walking in Authority

Introduction

We are not fighting for victory. We are fighting from it. That one shift changes everything about how we pray, how we stand, and how we approach the battles in our homes, our families, our bodies, and our cities.

Spiritual mapping is simply this: knowing the territory so you can pray with precision. It is what the Israelite spies did in Numbers 13 before taking the land. It is what Nehemiah did, walking the walls of Jerusalem at night before he issued a building plan. You survey the territory. You identify what is operating. And then you pray with informed, targeted authority rather than vague, worried hope.

Ephesians 6:12 NKJV *For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.*

Looking at Leviticus, it gives us clues to some of the areas that will affect our land spiritually and naturally. *(In your own time, read Leviticus 17-20. Watch the YouTube recording for context).*

The enemy is not random. He is organised, territorial, and strategic. He has been operating in patterns over our families, our cities, our bodies, and our generational lines for a long time. But he is also a defeated foe, and the question is whether we know it and walk accordingly.

On this note, before we start, read Galatians 5v13-26, which indicates the fruit of the flesh and the fruit of the Spirit. *(Watch the YouTube recording for context).*

Read the following focus scriptures: 1 John 4v1-3, Acts 16v16-18, 2 Corinthians 11v14-15, Hebrews 5v14, Romans 12v2, 1 John 4v4. *(Watch the YouTube recording for context).*

The Foundation: Your Authority Is Already Established

Before we talk about identifying the enemy's schemes, we must plant our feet in what is already true. Spiritual warfare is never primarily about what the enemy is doing. It is about who we are in Christ and walking in what He has already done.

Colossians 2:9–10 AMP *For in Him all the fullness of Deity dwells in bodily form, complete in every way — and in Him you have been made complete, and He is the head over all rule and authority.*

Ephesians 1:19–21 NKJV *...and what is the exceeding greatness of His power toward us who believe... which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion...*

Ephesians 2:6 NKJV *...and raised us up together, and made us sit together in the heavenly places in Christ Jesus.*

Do you see it? You are not down here looking up at the enemy. You are seated above him in Christ. The fight is not upward; it is downward from a position of established authority. Dr Laura Sanger says it this way: Jesus regained dominion authority through His life, death and resurrection. He then gave that authority to us. We are sons and daughters of the King of kings, and we are called to walk in dominion authority.

The Three Levels of Spiritual Warfare

- **GROUND LEVEL** — dealing with demonic influence in individual lives: oppression, bondage, trauma doors, sin patterns
- **OCCULT LEVEL** — dealing with organised witchcraft, curses, and covens operating against people or regions

- STRATEGIC LEVEL — dealing with territorial principalities and powers over cities, bloodlines, institutions, and land

Today, we are primarily equipping you for ground-level and strategic-level warfare; fighting for yourselves, your families, and your sphere of influence with precision.

What Is Spiritual Mapping: Seeing What Is Really There

George Otis Jr., who coined the term in 1991, defines spiritual mapping as superimposing our understanding of forces and events in the spiritual domain onto places and circumstances in the physical world. In simpler language: it is asking the Holy Spirit to show you what is really operating behind what you can see.

Ana Méndez Ferrell adds the dimension of the soul, that regions of captivity are not only territorial but personal. Parts of our lives, our emotions, our will, our thought patterns, can be held in regions of darkness through trauma, sin, fear, or generational iniquity. Mapping applies to our inner world as much as to our external territories.

2 Corinthians 2:11 NKJV *...lest Satan should take advantage of us; for we are not ignorant of his devices.*

2 Corinthians 10:3–5 NKJV *For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God.*

What Are We Mapping?

- PATTERNS in our lives and families: what keeps repeating? What doors keep opening to the same trouble?
- HISTORY: What has happened in our bloodline, in our land, in our city that gave the enemy legal ground?

- **STRONGHOLDS:** Where does the enemy have a fortified position in our thinking, our health, our relationships?
- **GATES:** What are the points of entry the enemy has used, and how do we close them?

Nehemiah 2:12–16 gives us the pattern: before he rebuilt the walls, Nehemiah went out at night and silently surveyed the damage. He did not immediately start shouting or fighting. He looked. He assessed. He prayed. Then he led. That is spiritual mapping.

Biblical Examples: Women and Men Who Mapped and Won

JOSHUA & CALEB: *The Faithful Spies - Numbers 13–14*

Twelve men were sent to map the land. Ten came back with a report dominated by what the enemy was doing. Two came back with a report dominated by what God had already promised.

Spiritual mapping is only effective when it starts and ends with who God is. Caleb's report was not naïve; he saw the giants, too. But he mapped from a position of covenant authority, not from a position of fear.

KEY: We must see the enemy clearly without letting what we see become larger than what God has said.

NEHEMIAH: *The Strategic Night Survey - Nehemiah 2:12–16*

Nehemiah did not pray in general about Jerusalem. He went out at night, alone, and walked every broken section of wall. He named what was broken. He assessed the scope. Then he prayed with precision and organised the response.

This is informed intercession. The mapping enabled him to deploy the right people to the right gates.

KEY: Specific prayer is more powerful than general prayer because it is targeted at what is actually there.

DANIEL: *Understanding the Cosmic Battle - Daniel 10*

Daniel prayed for 21 days and received no answer. Then an angel arrived and explained: the Prince of Persia, a territorial spirit over the Persian empire, had resisted the answer for 21 days until Michael came to help.

This passage is foundational. It shows us that there are territorial spirits assigned over regions and nations, that persistent prayer engages them, and that our intercession directly affects what happens in the heavenly realm.

KEY: When prayer seems to hit a wall, it may be hitting a territorial resistance. The answer is to press in, not to give up.

THE WOMAN WITH THE SPIRIT OF INFIRMITY - *Luke 13:10–17*

Jesus said this woman had been ‘bound by Satan’ for 18 years. Not just sick, bound. He identified the spiritual reality behind the physical symptom, and He spoke to it with authority: *‘Woman, you are loosed.’*

Ana Méndez Ferrell’s Regions of Captivity framework shows us that sickness, emotional bondage, and recurring patterns often have a spiritual root that needs to be addressed at the root, not just managed at the surface.

KEY: Before praying for the symptom, ask the Holy Spirit: What is the root? What gave this access? Then address the access point.

PAUL AT THE AREOPAGUS - *Acts 17:16–34*

When Paul arrived in Athens, his spirit was provoked by what he saw: the city was full of idols. He did not pray vaguely. He observed the spiritual landscape, identified the operating spirit (idolatry, philosophy, spiritual hunger without direction), and then engaged specifically: *‘To the Unknown God; He is the one I declare to you.’*

He mapped the territory prophetically and then preached into the exact spiritual gap he had identified. The result: Dionysius the Areopagite and others believed.

KEY: Mapping the spiritual landscape of a room, a city, or a situation equips us to pray and speak with precision.

Warfare Strategies: What to Do With What You See

STRATEGY 1: IDENTIFY THE ROOT, NOT JUST THE FRUIT

Before praying for healing, peace, or a breakthrough, ask the Holy Spirit: What gave this legal right to be here?

Common root access points: sin (yours or generational), trauma, ungodly soul ties, dedications, oaths and vows, unforgiveness, occult involvement

Proverbs 26:2 *'Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest.'* Curses require legal ground. Remove the ground and the curse loses its hold.

STRATEGY 2: REPENTANCE AS A WARFARE WEAPON

Identificational repentance, standing in the gap for what our families or land has done, removes legal ground from the enemy.

In Daniel 9:4–5, Daniel repented for sins he did not personally commit: *'We have sinned, we have done wickedly.'* This is how generational covenants with darkness are broken.

Nehemiah 1:6–7 does the same. This is one of the most powerful and underused weapons we have.

Practical: *'Lord, I repent on behalf of my family line for [name the specific sin or pattern]. I renounce every covenant made with darkness through this, and I break its legal hold in Jesus' name.'*

STRATEGY 3: PRAYER WALKING YOUR TERRITORY

Walk your home, your neighbourhood, your workplace with intentional prayer.

Speak the Word over each space. Declare God's lordship over every room, every gate, every access point.



In Genesis 13:17, God said to Abraham: *'Arise, walk through the land in its length and its width, for I give it to you.'* Physical movement in prayer is a declaration of possession.

Practical: As you walk, pray Isaiah 54:2 *'Enlarge the place of your tent.'* Declare that this territory belongs to God.

STRATEGY 4: BIND AND LOOSE WITH PRECISION

Matthew 16:19 'Whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.'

Bind specifically: name the spirit operating (a spirit of fear, a spirit of infirmity, a spirit of poverty). You cannot bind what you have not first identified.

Loose specifically: declare what belongs in its place. You bind fear and loose the spirit of power, love and a sound mind (2 Tim 1:7). You bind sickness and loose healing. You bind confusion and loose clarity.

Do not bind and walk away. Fill the house. Matthew 12:44–45 says that the swept, empty house is vulnerable to return. Fill with praise, the Word, and the presence of the Holy Spirit.

STRATEGY 5: DECLARE THE WORD OVER THE TERRITORY

Isaiah 55:11 'My word shall not return to Me void.' When you speak Scripture over a situation, you are releasing a living, active force.

Hebrews 4:12 says the Word of God is alive and active, sharper than any two-edged sword.

Practical: Write out the scriptures that are specifically relevant to your battle. Speak them out loud. Every day. Over yourself, your family, your house, your city.

This is what Jeremiah did: *'Is not my word like fire?'* (Jer 23:29). Fire burns down strongholds.

STRATEGY 6: PRAISE AS A WEAPON OF WARFARE

In 2 Chronicles 20, we see that Jehoshaphat faced three armies. God's strategy was not military. He sent the worshippers out first. While they praised, the enemy armies destroyed each other.

Psalm 149:6–9 'Let the high praises of God be in their mouth, and a two-edged sword in their hand, to execute vengeance on the nations, to bind their kings with chains.' Worship is literally described as executing judgment on the enemy.

When you do not know how to pray, worship. Praise shifts the atmosphere faster than almost any other weapon we carry.

Your Standing Scriptures: Verses to Memorise and Use

AUTHORITY

Luke 10:19 NKJV *Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.*

Matthew 28:18 NKJV *All authority has been given to Me in heaven and on earth.*

Romans 16:20 NKJV *And the God of peace will crush Satan under your feet shortly.*

IDENTITY AND POSITION

1 Peter 2:9 NKJV *But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvellous light.*

Revelation 12:11 NKJV *And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.*

PROTECTION

Psalm 91:1–2 NKJV *He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress; my God, in Him I will trust.'*

Isaiah 54:17 NKJV *No weapon formed against you shall prosper, and every tongue which rises against you in judgment you shall condemn. This is the heritage of the servants of the Lord.*

BREAKING STRONGHOLDS

Isaiah 61:1 NKJV *The Spirit of the Lord God is upon Me, because the Lord has anointed Me to preach good tidings to the poor; He has sent Me to heal the broken-hearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound.*

Galatians 5:1 NKJV *Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage.*

GENERATIONAL FREEDOM

Galatians 3:13 NKJV *Christ has redeemed us from the curse of the law, having become a curse for us.*

Joel 2:25 NKJV *So I will restore to you the years that the swarming locust has eaten.*

PERSISTENCE IN PRAYER

Luke 18:1 NKJV *Then He spoke a parable to them, that men always ought to pray and not lose heart.*

Isaiah 62:6–7 NKJV *I have set watchmen on your walls, O Jerusalem; they shall never hold their peace day or night. You who make mention of the Lord, do not keep silent, and give Him no rest till He establishes and till He makes Jerusalem a praise in the earth.*

CLOSING

Prayer Activation: Mapping and Warring Together

We are going to pray in three movements. First, we receive. Then, we identify. Then, we declare. The Holy Spirit is the best spiritual mapper there is. He knows exactly what is operating and exactly what needs to be addressed.

MOVEMENT 1: Come to the Source

Lord, we come to You before we come against anything. We are not fighting from fear.

We are not fighting from striving. We come from Your throne room, where we are already seated in Christ. We receive Your peace before we engage in Your battle. Holy Spirit, You are our Commander, our Counsellor, and our covering. Lead us now.

MOVEMENT 2: Identify and Repent

Ask the Holy Spirit now: Is there a pattern in my life that has been operating too long? Is there a door I have opened, or that was opened before me, that needs to be closed? Is there a stronghold in my thinking, my body, my family line that I have accepted as normal but is not from You?

Lord, I repent for every way I have given the enemy legal ground in my life, through my own choices, and through the choices of those who came before me. I renounce every covenant with darkness made knowingly or unknowingly in my bloodline. I repent for [name what the Holy Spirit has shown you]. I ask You to close that door now, permanently, in the blood of Jesus. Lord, I also repent for the places where I have tolerated the enemy's presence in my home, my mind, my body, as though he has a right to be there. He does not. The cross cancelled his legal claim. I take that ground back now, in Jesus' name.

MOVEMENT 3: Declare and Possess

I take my position now in the heavenly places in Christ Jesus, seated above every principality, power, might and dominion. From that position, I speak to every spirit that has been operating against my life, my family, my health, my finances, my mind, my destiny. You have no legal ground. The blood of Jesus has closed every door. I bind you now, in the name of Jesus Christ, the Son of the living God. You are evicted from every space that belongs to me. I loose the peace of God over my mind. I loose healing over my body. I loose clarity and freedom over my emotions. I loose the purposes of God over my family line. Lord, fill every space that has been emptied of darkness with Your presence, Your Spirit, Your light. I declare: this territory belongs

to the King of kings. Let His Kingdom come. Let His will be done, in my life, in my family, in this city, as it is in heaven. In the mighty name of Jesus. Amen.

RECOMMENDED READING

Dr Laura Sanger — The Roots of the Federal Reserve (spiritual mapping application); podcast series Transformation Through Spiritual Mapping at nolongerenslaved.com

Dr Ana Méndez Ferrell — Regions of Captivity; Iniquity (Voice of the Light Ministries)

George Otis Jr. — Informed Intercession; Twilight Labyrinth

Dutch Sheets — Intercessory Prayer; Authority in Prayer

Cindy Jacobs — Possessing the Gates of the Enemy; Deliver Us from Evil

C. Peter Wagner — Warfare Prayer; Prayer Shield

*‘Arise, walk through the land in its length and its width, for I give it to you.’ Genesis 13:17
NKJV*