

# PRAYER TO BREAK TRAUMA BONDS, SOUL TIES AND SPIRITUAL TIES

Father God, in the name of Jesus Christ of Nazareth, I come before You and I lift every trauma bond, soul tie, and spiritual attachment formed through abuse, betrayal, incest, sexual sin, and manipulation.

Heavenly Father, You are our Healer and Deliverer.

You are the One who restores broken souls, redeems bloodlines, and reclaims territory. I bring before You every place in my spirit, soul, and body that has been fractured by trauma.

*“He heals the brokenhearted and binds up their wounds.” (Psalm 147:3)*

I acknowledge and repent for any participation, knowingly or unknowingly, in relationships or experiences that opened doors to ungodly bonds.

I repent for aligning with false identity, lies, perversion, shame, or spiritual agreements that were not of You.

*“If we confess our sins, He is faithful and just to forgive us...” (1 John 1:9)*

By the authority of Jesus Christ, I now sever every ungodly trauma bond — physical, emotional, psychological, spiritual, sexual, ancestral, and generational. I command every cord, tether, chain, and soul tie to be cut now in Jesus' name.

I loose the fire of God and the sword of the Spirit to divide soul from soul, and I call back every part of the soul and spirit that has been scattered, fragmented, or held in captivity.

In the name of Jesus, I:

Break every demonic covenant, oath, and ritual that empowered soul bondage.

Renounce any access given to spirits of lust, perversion, fear, control, dissociation, and shame.

Cancel all spiritual title deeds handed over through ungodly intimacy or spiritual abuse.

Evict every familiar spirit, monitoring spirit, and ancestral spirit attached through trauma.

I now speak healing, reintegration, and restoration over the soul, memory, identity, and spiritual destiny of every woman here.

*“The Spirit of the Lord is upon Me... to proclaim liberty to the captives.” (Isaiah 61:1)*



Lord Jesus, I ask You to go into the trauma memories and extract the poison of pain, fear, and confusion.

Rewrite the narrative with Your truth.

Restore innocence where it was stolen.

Replace shame with dignity.

Rebuild identity with Your design and calling.

Holy Spirit, come now as Comforter.

Seal every healed place with Your peace and protection. Let the light of Christ fill every space where darkness once hid.

I come out of false alignments and trauma-based loyalties and into divine covenant, kingdom identity, and holy relationship. I am no longer tethered to my past or to the spirits of those who harmed me.

*"Whom the Son sets free is free indeed." (John 8:36)*

I declare I am a daughter of the Most High God.

I am holy, blameless, chosen, and beloved. I speak wholeness over spirit, soul, and body.

My past does not define me. My future is secure in Christ.

In the mighty name of Jesus Christ, I seal this deliverance and healing in His blood.  
Amen.

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