



CHANGING LANES
PSYCHOLOGICAL COUNSELLING

COUNSELLING SERVICES

Individuals (ages 15+)
Couples
Relationship & Family Therapy

METHODS

Cognitive Behavioral Therapy
Solution Focused
Trauma Recovery
Inner Healing - Spiritual Integration Perspective

Janine can help build resilience, achieving personal growth by navigating anxiety, depression, stress caused by transitions and obstacles of life as well as child related trauma in adults where we feel stuck.

Allow her to assist you in

Resetting Your Timeline!

Janine Van Wyk

Mobile - 0488 239 584

Email - admin@janinechanginglanes.org

Address - 23a Griffith Street

Coolangatta QLD 4225

