Prayer for Restoration of Broken Relationships with Adult Children

Heavenly Father,

We come before You with heavy hearts, burdened by the brokenness in our relationships with our adult children. We recognise that You are the God of reconciliation and restoration, and we humbly ask for Your intervention in bringing healing to our family bonds.

Lord, we lift up our broken relationships with our adult children to You, asking for Your grace and mercy to mend what is broken. Your Word teaches us in Ephesians 4:32, 'And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.' May Your Spirit soften our hearts and the hearts of our children so that we may extend forgiveness and grace to one another.

We confess any role we may have played in the brokenness of our relationships, and we ask for Your forgiveness and healing. Help us to lay aside pride, bitterness, and resentment, and to pursue reconciliation with humility and love. Romans 12:18 instructs us, 'If it is possible, as much as depends on you, live peaceably with all men.'

Lord, we pray for Your supernatural intervention in bringing restoration to our family relationships. You are the God who makes all things new, and we trust in Your power to heal what is broken and to restore what has been lost. Joel 2:25 promises, 'So I will restore to you the years that the swarming locust has eaten.'

Father, we commit our broken relationships into Your loving hands, trusting in Your faithfulness and provision. Give us wisdom and discernment as we seek to rebuild trust and communication with our adult children. May Your love be the foundation upon which we build, and may Your grace be the glue that binds us together once more.

We declare today, 'As for our relationships with our adult children, we will trust in the Lord for restoration.' May this declaration guide our thoughts, our words, and our actions as we walk in faith and obedience.

In Jesus' name, Amen.

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